

MASSACHUSETTS DENTAL SOCIETY

Pain Management Resources

Federal Websites

- SAMHSA-substance abuse- <http://www.samhsa.gov/>
- DEA- <http://www.deadiversion.usdoj.gov/>
- CDC- <http://www.cdc.gov/> <https://www.cdc.gov/acute-pain/dental-/index.html>
- FDA- Med watch- <http://www.fda.gov/>

Local Referral Resources

- Massachusetts General Hospital- Orofacial Pain Group
Boston and Danvers 617-726-2740- <http://www.massgeneral.org/omfs/>
- Tufts University School of Dental Medicine
Craniofacial Pain Center-617-636-6817- <https://dental.tufts.edu/patient-care/teaching-clinics/craniofacial-pain-center>
- Faulkner Headache Center-617-983-7580
- Medical Pain Centers- MGH, BWH, BIDMC, U.MASS

Medication Applications

- EPOCRATES – www.epocrates.com

Articles

- Becker, DE Pain Management: part 1: managing acute and postoperative dental pain. Anesth Prog. 57(2):67-69, 2010;
- The Rise in Prescription Drug Abuse; Raising Awareness in the Dental Community. Oakley, M. Compend Contin Educ Dent. 32(6):14-6, 18-22, 2011
- Prescribing Recommendations for the Treatment of Acute Pain in Dentistry.
- Hersh, EV. Compend Contin Educ Dent. 32(3):22, 24-30, 2011
- Prevention of Prescription Opioid abuse: The Role of the Dentist. Denisco, RC, et al. J Am Dent Assoc. 142(7):800-10, 2011
- Prescription Writing for the Dentist.
- Harold, RS. J Mass Dent Soc. 60(7)28-31 2012
- Combining Ibuprofen and Acetaminophen for Acute Pain Management After
- Third-molar Extractions: Translating Clinical Research to Dental Practice.
- Moore, PA, Hersh, EV. J Am Dent Assoc. 144(8):898-908, 2013

- Impact of mandatory prescription drug monitoring program on prescription of opioid analgesics by dentists. Rasubala. et al PLoSOne. 2015;10 (8)
- Trends in Opioid Analgesic Abuse and Mortality in the United States.
- Dart, RC. New Engl. J Medicine. 372(3):3241-8, 2015
- A model for opioid risk stratification assessing the psychosocial component of orofacial pain Kulich, RJ et al Oral Maxillofac Surg Clin North Am. 2016; 28 (3); 261-273.
- The prescription monitoring program data. What it can tell you David A. Keith, BDS, FDSRCS, DMD; Thomas A. Shannon; Ronald Kulich, PhD J Am Dent Ass 149 (4), 266-272 April 2018
- Dentistry and the Prescription Drug Epidemic-How did we get here? Harold, R.S. J Mass Dent Soc 66, 4 14-17 Winter 2018
- Hoang, E, Keith, DA and Kulich, R Controlled substance misuse risk assessment and prescription monitoring database use by dentists J Am Dent Ass 2019:150(5):383-392
- Is it time US dentistry ended its opioid dependence? Martin H Thornhill, Katie J Suda, Michael J Durkin, Peter B Lockhart JADA 2019 Oct,150 (10); 883-889
- Analgesic Therapy in Dentistry: From a Letter to the Editor to an Evidence-Base Review Paul A Moore , Elliot V Hersh Dent Clin North Am 2019 Jan;63(1):35-44.
- Comparison of Opioid Prescribing by Dentists in the United States and England Katie J Suda · Michael J Durkin , Gregory S Calip , Walid F Gellad , Hajwa Kim , Peter B Lockhart , Susan A Rowan , Martin H Thornhill JAMA Network Open 2019 May 3;2(5):e194303
- Benefits and harms associated with analgesic medications used in the management of acute dental pain: An overview of systematic reviews Paul A Moore, Kathleen M Ziegler, Ruth D Lipman, Anita Aminoshariae, Alonso Carrasco-Labra, Angelo Mariotti J Am Dent Assoc 2018 Apr;149(4):256-265.
- U.S. Re-Licensure Opioid/Pain Management Continuing Education Requirements in Dentistry, Dental Hygiene, and Medicine. Wiener RC, Waters C, Bhandari R, Trickett Shockey AK, Panagakos F. Wiener RC, et al. J Dent Educ. 2019 Oct;83(10):1166-1173.
- The pharmacological management of dental pain Expert Opin Pharmacother 2020 Apr;21(5):591-601. Joseph V Pergolizzi , Peter Magnusson , Jo Ann LeQuang · Christopher Gharibo , Giustino Varrassi
- Appropriate Analgesic Prescribing for General Dentists. General Dentistry, Donaldson, M., Goodchild, J., July-August 2010, p.291-297.
Pharmacologic Management of Dental Pain-A Review of Prescribing Options. Harold, RS, Journal of the Massachusetts Dental Society, Vol. 64, No. 3, Fall, 2015. p. 24

Media

- NPR-<http://www.npr.org/sections/health-shots/2017/09/08/549218604/dental-schools-add-an-urgent-lesson-think-twice-about-prescribing-opioids?sc=17>
- NBC Nightly News with Lester Holt
<https://www.nbcnews.com/nightly-news/video/hooked-how-opioid-abuse-starts-at-the-dentist-for-many-americans-710032451882>

Massachusetts Websites

www.mass.gov/dph/dcp
stopaddiction@state.ma.us

Continuing Education Meetings/Webinars

- Massachusetts Dental Society Webinar –for members only. www.massdental.com
- Boston University Scope of Pain www.scopeofpain.com-BUSM/CME
- Management of Controlled Substances in Dental Practice (ADA Collaboration)
www.pcass-o.org

Resources- Guidelines

- Massachusetts BORID Advisory on management of pain 2009
- <http://www.mass.gov/eohhs/gov/departments/dph/programs/hcg/dhpl/dentist/alerts/pain-management-advisory.html>
- Tufts Health Care Institute Program on Opioid Risk Management. The role of dentists in preventing opioid abuse 2010. Online presentations
- Model Policy for the use of controlled substances for the treatment of pain. Federation of State Medical Boards.
http://www.fsmb.org/media/default/PDF/FSMB/advocacy/pain_policy_july2013.pdf
- Opioid Therapy and Physician Communication Guidelines. August 20, 2015.
www.massmed.org/opioid-guidelines

Books

- Head, Face and Neck Pain- science, evaluation and management. Mehta, M, Maloney, G, Bana, D & Scrivani, S Wiley- Blackwell 2009
- Orofacial Pain: a guidebook to medications and management. Clark, GT and Dionne, RA Bentley-Blackwell 2012

- Orofacial Pain: Guidelines for Assessment, diagnosis, and management. De Leeuw, R and Klasser, G. Quintessence Publications 6th Edition 2018
- The ADA Practical Guide to Substance Abuse Disorders and Safe Prescribing. Ed, Michael O'Neil. Wiley Blackwell/ ADA/2015

Dentists Well-Being

- This Dentist broke his own opioid habit. Can the dental profession do the same? D Armstrong STAT 2/14/2017 www.statnews.com/2017/02/14/dentists-opioid-prescribing/
- **Confidential Dentist Assistance Program:** Dentists Concerned for Dentists, Inc. 5, Greenough Street, Needham, MA 02494 617 875 2833 Email; Contact@dcdma.org

Dental Websites

Pennsylvania Dental Association-

<http://www.amerihealthcaritaspa.com/pdf/providor/resources/dental-program/guidelines-dental-grounds-pdf>

ADA statement on the use of Opioids in the treatment of dental pain. ADA House of Delegates. Adopted October 2016-<http://www.ada.org/en/about-the-ada/ada-positions-policies-and-statements/statement-on-opioids-dental-pain>

New Hampshire Dental Society -<http://www.nhds.org/docs/librariesprovider34/private-library-new-hampshire/board-of-trustees/jan-14-2016/opioids-in-the-dental-practice.pdf>

Washington State Dental Society-http://www.breecollaborative.org/wp-content/uploads/2017-10-26-FINAL-Dental-Opioid-Recommendations_Web.pdf

American Association of Oral and Maxillofacial Surgeons-

https://www.aaoms.org/docs/govt_affairs/advocacy_white_papers/opioid_prescribing.pdf

Opioid Overdose-PowerPoint presentation;

Opioid Overdose www.ncbi.nlm.nih.gov/books/NBK470415/ Comprehensive NIH review 8/2020

How to respond to an Overdose and other useful information www.seekonk-ma.gov/sites/g/files/vyhlf1191/f/uploads/endmassoverdosesseekonkboh.pdf

Dental Education;

- Interprofessional education for the dentist in managing acute and chronic pain Shaefer, J. Dent Clin North Am 2016 ;60:825-42
- Massachusetts Dental Schools respond to the Prescription Opioid Crisis: A Statewide collaboration Keith, D.A. et al J Dent ED 81, 12, 2017: 1388-1394

Drug Take Back programs;

Details of National Take Back Day -<https://takebackday.dea.gov/>

Pharmacy programs; CVS and Walgreens

Massachusetts locations-<https://www.mass.gov/service-details/prescription-dropbox-locations>

Risk Assessment for Opioid Misuse

Controlled Substance Risk Mitigation in the Dental Setting Kulich, R J, Keith D A and Schatman, M E Dent Clin N Am 64 (2020) Ten chapters on Assessing and managing controlled substance risk, patient interviewing techniques, screening resources, managing acute dental pain, co morbid conditions ,assessment and management of dental patients with active substance use disorder, Interprofessional collaboration,, special high risk populations and medico legal issues.

Opioid Epidemic and Covid-19

Issue brief: Reports of increases in opioid-related overdose and other concerns during COVID pandemic Updated August 14, 2020 AMA Advocacy Resource Center <https://www.ama-assn.org/system/files/2020-08/issue-brief-increases-in-opioid-related-overdose.pdf>

CURRENT OBSERVATIONS Since the first reported case of COVID-19, suspected overdose submissions display an average increase of 20% when compared to the same time-period during the previous year. ODMAP May13th 2020 www.odmap.org/News/Articles

General Interest books

Heal me. In search of a cure. Julia Buckley Weidenfeld and Nicolsen 2018 A Journalist's account of her chronic pain (including TMD and headaches) and her worldwide quest for a cure. "A timely and extremely important book. " Observer. Eloquently angry, compelling, a symbol of our age "Sun.

Opium: How an ancient flower shaped and poisoned our world Halpern JH and Blistein, D
Hachette Books 2019 “authoritative, engaging and accessible” Booklist “The most important,
provocative, and challenging book I’ve read in a long time” ...making timely and startling
connections among pan killers, politics, finance, and society Laurence Bergreen

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