



There's an Instrument for That?

Amanda Hill, BSDH, RDH
amandahillrdh@gmail.com

Ultrasonic Tip Selection:

<https://dimensionsofdentalhygiene.com/article/techniques-tips-for-ultrasonic-instrumentation/>

Duratip by Parkell

https://www.parkell.com/duratip-inserts?utm_source=presentation&utm_medium=presentation&utm_campaign=duratip_hill&utm_id=duratip_hill

Dr Joy Void Holmes P3- hands-on instrumentation courses

<https://www.drjoyrdh.com/about>

Hygiene Edge for instrumentation videos

<https://www.hygieneedge.com/>

Instrumentation articles by Kathleen Hodges

<https://dimensionsofdentalhygiene.com/article/techniques-tips-for-ultrasonic-instrumentation/>
<https://dimensionsofdentalhygiene.com/article/instrumenting-first-molar-teeth/>

Graceys- Standard, Rigid, Extended Reach, Minis, Micro Mini,
Sharpen Free Double Gracey/Dual Gracey by American Eagle and LM
NEW PDT Batrell Quadrant Graceys

Instruments to check out

PDT Instrument comparison chart:

https://cdn.shopify.com/s/files/1/0816/8325/1479/files/Instrument_Comparison_1.pdf?v=1729183240

Deep post: Pockets: 4R/4L

Furcations and tight pockets: O'Hehir New Millennium Curettes (scoop)

Terminal Molars: Younger-good 7/8

Universal Post. Sickle: M23, N129,

First premolar fossa and furcations: Queen of Hearts by PDT

Combo instruments:

Boge 513 by American Eagle (AEI) Nebraska 128 and Hoe

N128-L5 mini: sickle and mini Langer

Nevi 1 (N1) Spoon and Sickle

ASLR by Nordent Hoe and Spoon combo

Eagle Talon by American Eagle: Jaquette 3 and Nebraska 128

Jacks:

Montana Jack- PDT, BlackJack (thin)-AEI, SharpJack-LM, NMJ-Nordent

Jack B Nimble (Slim) - PDT

N4

Nevi 4-HuFriedy, NV4-Premier

Cone Socket Tips

Quick Tips by AEI and Hartzell by Nordent

Burnished Calculus:

<https://dimensionsofdentalhygiene.com/article/removing-burnished-calculus/>

Files: Hirschfeld 3-7, Hirschfeld 5-11

Pattison Institute Instrumentation Course

<https://www.pattisoninstitute.com/live-courses>

Implants

Medical Grade Titanium Implant Instruments

Pineyro Arch Kit by PDT

Sharpening

PDT Gleason Guide, Hu-friedy Sidekick, Premiere Dental's Premiere Sharpening Disc,

ErgoSharp by DH Cubed, Handpiece Stone, Cylinder Shaped Stone, Printed Guide

<https://www.hygieneedge.com/shop/p/dental-hygiene-sharpening-guide-8egj9>

Ultrasonic Tip Cost Calculator

<https://www.hufriedygroup.com/en/cost-calculator>

PDT Hand instrument calculator

<https://pdt dental.typeform.com/to/VGGRC5ta>

Instrument Recycling Programs

American Eagle Instruments:

<https://am-eagle.younginnovations.com/wp-content/uploads/sites/13/2022/01/AEI-Q122-Recycle-Flyer-FINAL.pdf>

HuFriedy:

https://www.hufriedygroup.com/en/environdent?fbclid=IwZXh0bgNhZW0CMTEAAR22Sa0Oj6xdl aSIGD-A0JS2netrHsBoUG4c-ENL4WeZ68X6hBurr8FKYQ8_aem_AdM2sFS3wKT0tKzWs3_ilR8HL07MnfpVS1JtFLK35kGmZc-tKhujNAqDHcZDfGdLZh6KMY-XKuKbdSrhPLctxCAf

https://www.hufriedygroup.com/sites/default/files/HF-148_Form_US_0616.pdf

Premier:

<https://www.premierdentalco.com/instrument-recycling-program/>

References:

Suedbeck, Jessica & Armitano-Lago, Cortney & Ludwig, Emily. (2023). The Effects of Dental Hygiene Instrument Handles on Muscle Activity Production. *Journal of dental hygiene : JDH.* 97. 143-154.

Hodges KO. Hand instrumentation of first molar teeth. *Dimensions of Dental Hygiene.* 2018;16(5):16–18.

Pattison AM, Pattison GL. *Periodontal Instrumentation*. 2nd ed. Norwalk, Connecticut: Appleton and Lange; 1992.

Acunzo R, Gorbunkova A, Rezzolla M, Bellucci G, Rasperini G. Short-term effect of regular vs mini curettes on periodontal tissue according to phenotype: a randomized control clinical trial. *Int J Esthet Dent.* 2021 Aug 17;16(3):364-374. PMID: 34319670.